

# How to Manifest What You Want and Be Successful Everyday

Everyone wants to know how to be successful. The thing is, success isn't something mysterious and out there that you have to go looking for, it's a lot closer than people realize. To get the things you want and the lifestyle you dream about, you need to decide to be successful today. Yes, that's right; I said you need to decide. Success is a choice, as is failure. Everything is perception. A friend of mine told me he was talking to a millionaire he knew in the 1990's who was unhappy with his lot in life and did not see himself as a success. When asked why, he compared himself to a man he knew who was a billionaire so he thought he would not be successful until he was a billionaire. Success is all a matter of perception.

You can take all sorts of action steps in your life to obtain more money, more possessions, a more relaxed life style, but until you look at your life as it is today and appreciate your achievements be they large or small, you will not be able to find joy in your life no matter how many things you acquire or how many awards you win. Don't get me wrong, to want more in your life is a good thing but unless you decide to be happy now, while on your way to the things you want, you will be like the donkey and the carrot and your sense of pleasure from the things you obtain will always be out of reach. Do what you love to do and you will always have what you want – to be happy! I don't know about you but my definition of success is being happy. Who do you know that doesn't want to be happy?

See what you can find "everyday" that you are successful at? It may be as simple as "I didn't want to go to work but I did so I am proud of myself for doing that" You could have called in sick or something like that, but you honoured your commitment to your boss so you can be proud. It may be that you achieved a goal you set yourself; it may be that you decided to set some goals. There is always something that you can find that you did that was successful. It may be that you caught yourself dropping back into old negative thought patterns and did something to rectify the situation, that's always a really great one even though it sounds simple.

It is the feeling of achievement you give to yourself that will reinforce in you that you can achieve what you want. Success breeds success and acknowledgement of your success no matter how small creates expectations of more success. Sure dream big, aim high, but don't forget to appreciate the baby steps that take you to your goals. It's never one big step, it's always lots of baby steps that add up. I think it was a guy who climbed Mt Everest who was asked, how did you manage to climb such an enormous mountain? He answered, "I couldn't climb a mountain, but I can put one foot in front of the other". I may have the quote wrong but the sentiment is spot on. Notice all your achievements and revel in them as they will attract more and more of all that you deem good.

Sometimes setting goals too high can set up our unconscious for failure when we miss our mark, but embracing each small step along the way as an achievement in itself will mean that you will be a winner everyday and winners are grinners. Find all the mini achievements in your life and then you will be able to help your kids, partners, colleagues and friends find theirs. Then just think, what a wonderful world you will be

helping to create for a happy and peaceful world can only be created and sustained by happy and peaceful people.

Look for your brilliance and you will find it.

*Gaynor Parke*

Gaynor Parke  
Director

**Advanced Success Life Coaching**

PH: 99395420

[www.advancedsuccesslifecoaching.com.au](http://www.advancedsuccesslifecoaching.com.au)

[gaynor@advancedsuuccesslifecoaching.com.au](mailto:gaynor@advancedsuuccesslifecoaching.com.au)

